

# October Care Talks



## Financial Wellness:

### Planning your financial future



Wednesday,  
October 9th

Register now >>

## Aging & Adult Care:

### The costs of care: A caregiver's financial and legal preparation guide



Wednesday,  
October 16th

Register now >>

## Child Care & Parenting:

### Working parents: Achieve balance



Wednesday,  
October 23rd

Register now >>

## Your Healthy Lifestyle:

### Healthy meal planning



Thursday,  
October 24th

Register now >>

Times: 1pm ET | 12pm CT | 11am MT | 10am PT



Register for Care Talks today  
[care.com/business/care-talks](https://care.com/business/care-talks)