

OTC Reimbursement Charts

The following is a listing of drugs by type (and name brand example). We have separated these OTC drugs into the following categories:

1. *Primarily Medical Care:* This chart identifies drugs that typically fall into the category of medical care. The participant does not need a diagnosis of a specific condition and recommendation to take the OTC from a health care provider in order to receive reimbursement.
2. *Dual Purpose:* This chart identifies drugs that typically serve a dual purpose-general health of the individual and/or to treat a specific medical condition. Participants must have a diagnosis of a specific condition and a recommendation to take the OTC by a health care provider in order to receive reimbursement.
3. *General Health/Cosmetic:* This chart identifies drugs that are typically for the general health of the individual and/or cosmetic drugs and toiletries. These are typically not reimbursable under any circumstance.

These lists are not intended to be exhaustive. Other drugs not listed may fall into one the categories described below.

1. OTC Drugs Used Primarily for Medical Care

These typically reimbursable with only a proper receipt. No recommendation from a health care provider is needed.	
<i>Type of Drug</i>	<i>Examples¹</i>
Acne Treatment	Clearasil, Proactiv Solution
Allergy Prevention & Treatment	Benadryl, Sudafed, Actifed, Chlora Trimaton, and Nasalcrom
Antacids and Acid Reducers	Gas-X, Maalox, Mylanta, Tums, AXID AR, Pepcid AC, Prilosec OTC, Tagamet HB, and Zantac 75AXID AR, Pepcid AC, Prilosec OTC, Tagamet HB, and Zantac 75;
Anticandial	Femstat 3, Gyne-Lotrimin, Mycelrx-7, Monistat 3, 7, and Vagistat-1
Antihistamines	Actidil Syrup and Capsules, Actifed, Allerest, Benadryl, Claritin, Chlor-Trimeton, Contac, Dimetane, Drixoral, Nyquil, Sudafed, Tavist-1, and Triaminic
Antidiarrheal and Laxatives	Ex-Lax, Pepto-Bismol, Immodium A.D. and Kaopectate
Anti-fungal	Lamisil AT, Lotramin AF, and Micatin,
Anti-itch Lotions and Creams (e.g., for athletes foot, jock itch, bug bites, poison ivy)	Bactine, Caldecort, Cortaid, Hydrocortisone, and Lanacort, Calamine Lotion, Benadryl Cream, Caladryl, Cortaid, Lamisil AT, Lotramin AF, and Micatin

<p>1. OTC Drugs Used Primarily for Medical Care (con't)</p> <p>These typically reimbursable with only a proper receipt. No recommendation from a health care provider is needed.</p> <p>Cold Sore/Fever Blister</p>	
<p>Cough Suppressants, Cough Drops</p>	<p>Abreva Cream Robitussin, Vicks 44, Chloraseptic</p>
<p>Decongestant/ Nasal Decongestant and Cold Remedies</p>	<p>Advil Cold and Sinus, Afrin, Afrinol, Aleve Cold and Synus, Children's Advil Cold, Duration, Dristan Long Lasting, Neo-Synephrine- 12 Hour, Orrivin, Sudafed, Tavist-D, Tylenol Cold and Flue, Thera-flu, Alka Seltzer Cold and Flu, Nyquil, Actidil Syrup and Capsules, Actifed, Allerest, Benadryl, Claritin, Chlor-Trimeton, Contac, Dimetane, Drixoral, Sudafed, Tavist-1, and Triaminic</p>
<p>Dehydration in Children Diaper Rash Ointments</p>	<p>Pediatlyte Balmax and Desitin</p>
<p>External Analgesic Eye Drops for Allergy/Cold Relief</p>	<p>Ben Gay, Flexall Ocu Hist, Visine</p>
<p>Hemorrhoid Treatments</p>	<p>Preparation H, Hemorid, and Tronolane</p>
<p>Internal Analgesic/antipyretic</p>	<p>Advil, Aleve, Children's Motrin, Nuprin, Excedrin, Tylenol, Bayer,</p>
<p>Menstrual Cycle Medications</p>	<p>Midol, Pamprin, and Premysyn PMS</p>
<p>Migraine</p>	<p>Advil Migraine Liqui-gels, Excedrin Migraine, Motrin Migraine Pain,</p>
<p>Motion Sickness Medication</p>	<p>Dramamine and Marizine</p>
<p>Nicotine Gum or Patches and Smoking Cessation Aids</p>	<p>Nicorette, Nicotrol, and Nicodin</p>
<p>Pediculicide (head lice)</p>	<p>Nix</p>
<p>Poison Ivy Protection</p>	<p>Ivy Block</p>
<p>Smoking Cessation</p>	<p>Commit, Nicoderm CQ, Nicorette, Nicotrol,</p>
<p>Toothache and teething pain relievers Wart removal medication</p>	<p>Orajel</p>

¹ This list is not an exhaustive list and is intended to give examples of some of the most common brand names of OTC drugs.

2. Dual Purpose OTC Drugs

Permissible with Health Care Provider's Note Listing Diagnosis of a Medical Condition and Recommendation of OTC Drug	
Anti-baldness/hair loss/ hair replacement/ such as <i>Rogaine</i> , but only if to replace hair loss due to a medical condition and not for balding due to age	
Medicated shampoo to treat a specific medical condition like psoriasis and only the amount in excess of the cost of normal shampoo.	
Dental fluoride treatments, special mouthwashes, or treatments for gingivitis	
Fiber supplements such as <i>Benefiber and Metamucil</i>	
Glucosamine/chondroitin for arthritis or other medical condition (not reimbursable if taken for overall joint health)	
Herbal supplements used to treat a specific disease such as <i>St. John's Wort</i> for depression	
Nose strips for proper breathing or other medical conditions	
Retin-A (not reimbursable if used for cosmetic purposes such as wrinkle reduction)	
Snoring cessation aids and medications such as <i>Breathe Right Spray, Snorezz</i>	
Weight loss/dietary supplements must be for a specific medical condition such as obesity	
Type of Drug	
Comments	
Sunscreen	Arguably, sunscreen prevents cancer and "prevention" is one of the core elements of the definition of medical care. However, unless the individual had or has skin cancer, there is likely no imminent probability of disease.
Chapstick	Some would argue that this is cosmetic. However, medicated chapstick is used to treat chapped and broken lips, which is arguably a medical condition.

3. OTC Drugs Primarily Not Reimbursable

OTC Drugs or other products that are not for Medical Care
Deodorants
Face creams, moisturizers, eye creams, and wrinkle reducers
Hair removal treatments and waxes
Mouth washes, antiseptics and oral anesthetics
Toothpaste, Teeth Whitening kits, and powders
Vitamins taken to improve overall general health